

# GetPainFree4Life Services

**PAW Therapy** programs are carried out with the goal of treating the client first for symptoms and then may be for the cause that produces the symptom. Cause is uncovered and dealt with in the **PAW Education** (which includes **PAW Therapy** also) programs only.

**PAW Training** (excludes **PAW Therapy**) is geared to train you in the techniques of **The PAW Method**

1. **Body Access** ~Gentle stretches and exercises
2. **Chi Access** ~Energy Medicine methods
3. **Heart Access** ~Line up emotional energy
4. **Active Access** ~combined application of 2 or more of above.

This **does not** turn you into a trainer or a teacher to general audience.

## PAW Therapy

Treatments (by appt or at events)      **\$40/ session**  
Treatments (by appt)      **\$420/ 8 sessions** (group size 1-5)  
Small personal written menu at each visit/ Day to day follow up included  
**Exercise Class** for functional fitness      **\$275/ 8 sessions** (group size 2-5)  
General written menu at each visit

## PAW Method University (Education and Therapy)

**1 session 90 minutes about \$149**      (includes three items giving 3 menus)  
**Body Access Posture Clinic** (4 photos)      **Chi Access Tune Up**      **Heart Access session**  
1 Full written individualized menu

**8 sessions 4-8 weeks \$849**      (includes three items giving 3 menus per visit)  
**Body Access Posture Clinic** (4 photos)      **Chi Access Tune Up**      **Heart Access session**  
8 Full written individualized menus, at each visit/ Day to day follow up included

**12 sessions 8-12 weeks \$1,999**      (includes three items giving 3 menus per visit)  
**Body Access Posture Clinic** (4 photos)      **Chi Access Tune Up**      **Heart Access session**  
Complete Posture Clinic with functional tests, 40+ photos (**Body Access**)  
12 Full written individualized menus, at each visit/ Day to day follow up included  
Equipment & Book included, Travel included (60 mile roundtrip)

**PAW Training Professional Coaching** (certificate is awarded) **\$699-\$1,999**

**General Prices** General Client Consult **\$95/hr** Distance Charge **50 cents a mile**  
Unlimited Tune Ups **\$180/ 12-15 sessions/ 3 months/ Group Size 5**

**Body Access** and **Heart Access** equipment & educational materials are separately sold.

**PAW Training** is only offered to **PAW Therapy and Education** clients.

Align for Ease: Functional Fitness for Pain Management (Hard Copy) **\$40** ( pdf) **\$20**

Incline ramp **\$75** Tower **\$125** Straps **\$10** Knee Pillow **\$20** Neck Pillow **\$20**